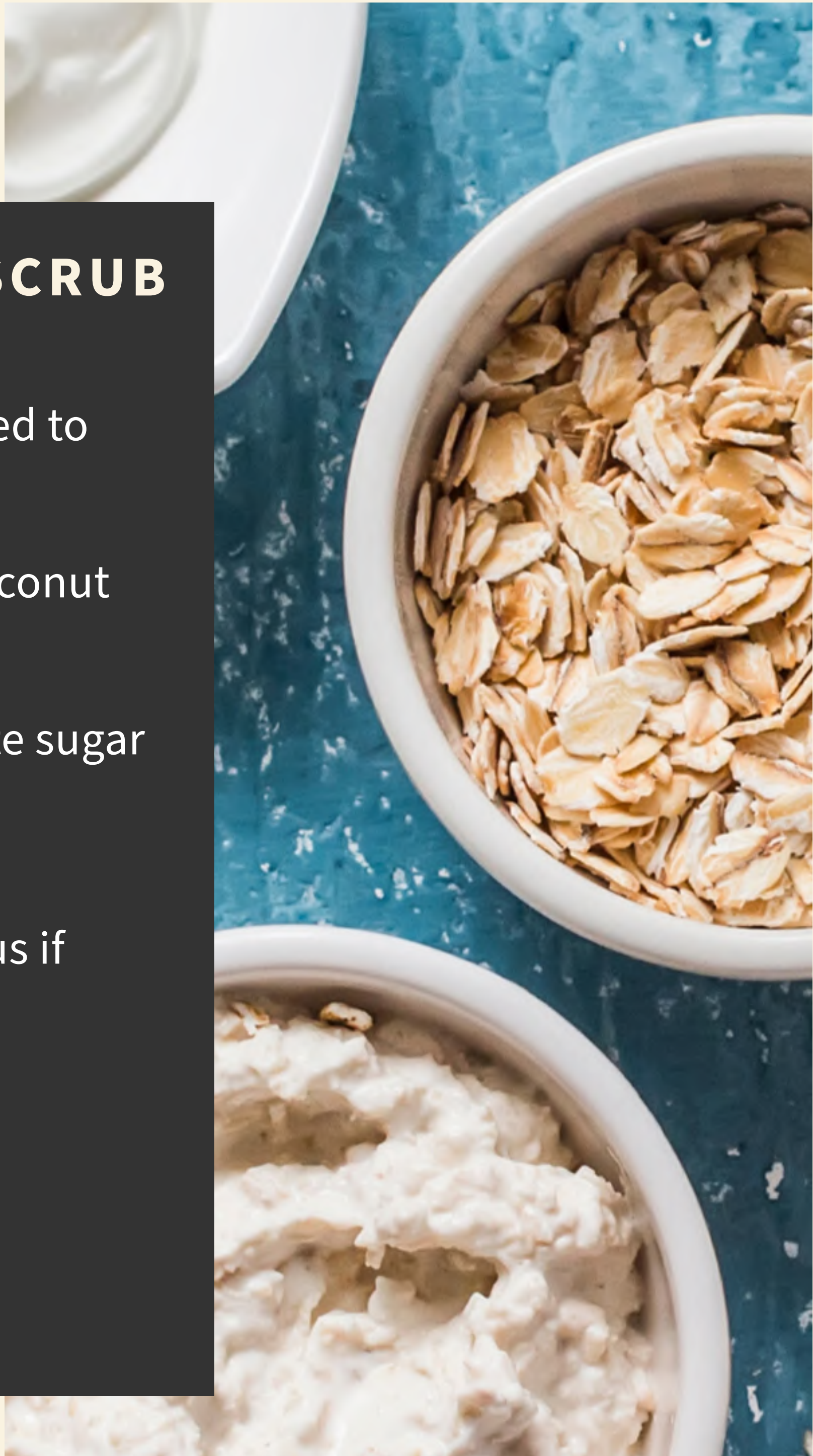




ENCORE  
RESORT  
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## DIY HYDRATING SCRUB

### Instructions:

- 1 tbsp oatmeal (blended to a coarse powder)
- 2 tsp almond oil (or coconut or jojoba)
- 1-2 tbsp brown or white sugar
- 1 tbsp plain yogurt
- 1 tbsp milk (acidophilus if on hand)



DIY HYDRATING SCRUB